



心意識全人學苑 Heartfulness Education Ltd.

2F., No. 230, Ziyou 2nd Rd., Zuoying Dist., Kaohsiung City, Taiwan (R.O.C.)

07-5581026

Neural Manipulation: Peripheral Nerve Manipulation; Upper Body (NM2)

神經鬆動術：周邊神經鬆動術之上半身 第二階段

日期 Date: 2026/8/20~2026/8/22

語言：中英文講義、英文演講、中文口譯

時間 Time : 8/20-8/21 9:00 a.m. to 5:30 p.m. Days 1-2

(中文口譯及研習內容操作需時較長可能延至 p.m.6:00 下課)

8/22 9:00 a.m. to 3:30 p.m. Day 3

(中文口譯研習內容操作需時較長可能延至 p.m.4:30 下課)

一、 研討會簡介 Course Description

「神經操作技術 (NM) 是一種溫和的手法治療，旨在鬆動神經及其周邊結締組織 (硬腦膜) 與腦週遭的顱骨，藉此優化神經系統的功能與修復。」 (Barral & Croibier 2007)

Neural Manipulation (NM) is a gentle hands-on therapy which helps to free up the nerves and the connective tissue around the nerves (dura mater), the bones around the brain (cranium) so that the nervous system functions better. (Barral & Croibier 2007)

本研討會探討上肢周圍神經的評估與治療技術，內容涵蓋神經的解剖和生理學，以及神經功能障礙所引起的典型疼痛模式。本研討會將以講述和臨床練習來教授相關評估與治療技術。This course explores evaluation and treatment techniques for peripheral nerve s of the upper body, including the anatomy and function of these nerves and how typical pain patterns can arise from nerve dysfunction. Evaluation and treatment techniques will be addressed in lecture and practice formats.

二、 研討會重點 Course Highlight

- 詳細探討上肢周邊神經的解剖和功能。

Explore in detail the anatomy and function of the peripheral nerves of the upper body.

- 發現這些周邊神經功能障礙引起的典型疼痛模式。
Discover typical pain patterns that arise from dysfunction of these peripheral nerves.
- 學習促進這些周邊神經正常運作的評估方法和治療技術。
Learn evaluation methods and treatment techniques to facilitate normal functioning of these peripheral nerves.
- 發現各種釋放神經受限的方法。
Discover various methods for releasing restrictions in nerves.
- 探索臨床介入治療療程。
Explore practical integration into treatment sessions.

三、報名資格 Pre-Requisite: 具備神經鬆動術：創傷介入之神經腦膜鬆動術第一階段 Neural Manipulation: Neuromeningeal Manipulation; An Integrative Approach to Trauma (NM1)

※人數上限: 32 人(含複訓 2 名)

Maximum number of class student: 30 people (including 2 people of refresher training)

※複訓者：請填寫資料在備註欄裡註明<複訓,以及第一次上課的年月份>。

※For those who are returning training to the class: Please fill in your information and indicate <refresher training, and the year /month of the first class> in the remarks column.

時間表

第一天

9:00 - 12:00

- Generalities 概論

- Spinal Nerves 脊神經

-Mechanical Properties of Peripheral Nervous System 週邊神經系統的機械力學特性

-Composition of Peripheral Nerves 週邊神經的組成

-Effects of Nerve Compression 神經壓迫的影響

12:00 - 13:00 Lunch 午餐

13:00 - 17:30

- Principles of Nerve Palpation 神經觸診原則

- Nerve Testing 神經測試

第二天

9:00 - 12:00

- Effects of Nerve Manipulation 神經鬆動術的效果

- Indications for Nerve Manipulation 神經鬆動術的適應症

-Contraindications for Nerve Manipulation 神經鬆動術的禁忌症

-Cervical Plexus 頸椎神經叢

13:00 - 17:30

-Brachial Plexus 臂神經叢

- Suprascapular Nerve 肩胛上神經

第三天

9:00 - 12:00

- Axillary Nerve 腋下神經

- Radial Nerve 橈神經

- Perforant Branch of Levator Scapulae 提肩胛肌神經的分支

- Musculocutaneous Nerve 肌皮神經

12:00 - 13:00 Lunch 午餐

13:00 - 17:30

- Median Nerve 正中神經

-Ulnar Nerve 尺神經

-Digital Collateral Nerves 指側副神經

-Phrenic Nerve Manipulation 膈神經手法操作

-Summary of Peripheral Nerve Manipulation for Upper Body 上肢周邊神經鬆動術的總整理

■研討會前預習 Course Preview

1. 預習專有名詞和解剖構造 Review these important terms and structures :

- 頸神經叢
Cervical Plexus
- 臂神經叢
Brachial Plexus
- 上肩胛神經
Suprascapular Nerve
- 腋下神經
Axillary Nerve
- 橈神經
Radial Nerve
- 提肩胛神經穿通支
Perforant branch of Levator Scapulae
- 肌皮神經
Musculocutaneous Nerve
- 手臂的表淺神經
Superficial Nerves of the Arm
- 正中神經
Median Nerve

- 尺神經
Ulnar Nerve
- 指掌神經
Digital Collateral Nerves

2. 先決條件 Pre-Requisite:

神經鬆動術第一階。

Neural Manipulation: Neuromeningeal Manipulation; An Integrative Approach to Trauma (NM1).

3. 進階準備 Advance Preparation:

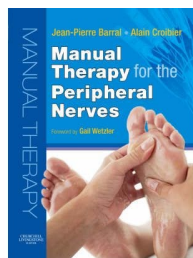
為了準備更進一步的學習，我們建議您在參加 NM2 之前至少做 100 次臂神經叢治療。並且預習 Manual Therapy for the Peripheral Nerves 以及預習：http://www.barralinstitute.com/docs/prestudy-materials/NM2_Pre-Study_Material.doc.

To be prepared for more advanced study, we recommend that you perform at least 100 brachial plexus treatments prior to attending NM2. To prepare for the course we suggest that you read Manual Therapy for the Peripheral Nerves

☐參考資料 Required Advance Reading:

Manual Therapy for Peripheral Nerves 作者 Jean-Pierre Barral, PRT, DO

(本書心意識全人學苑有販售，歡迎洽詢)



※講師介紹 Instructor: Pierre Vey, DO, PT



• 專業背景：

Pierre Vey 是一位法籍骨病學醫師 (DO) 同時也是物理治療師 (PT) 。
擁有超過 30 年的臨床經驗，目前在法國 BRON 的私人診所執業

• 教學資歷：

自 1999 年起便投入骨病學派系統及相關技術的教學。

曾在法國多家骨病學院教授課程。

加入 Barral Institute 成為講師後，活躍於歐洲及亞洲各地進行專業教學。

• 教學風格與專長：

Barral Institute 的資深國際講師，專精於內臟鬆動術 (VM)、神經操作技術 (NM) 以及新徒手關節操作術 (MAA)。

以精準的解剖學教學風格著稱，擅長將複雜的概念簡化，讓學生更容易理解。

四、主辦單位 The Organizer：心意識全人學苑 Heartfulness Education Ltd.

五、協辦單位 The Co-organizer：嘉衡健康研究中心

六、研習地點 Meeting Site：

心意識全人學苑:高雄市左營區自由二路 230 號 2 樓

Heartfulness Education Ltd.: 2F., No.230, Ziyou 2nd Rd., Zuoying Dist., Kaohsiung City 813, Taiwan (R.O.C.)

七、報名方式與費用 Course Fee - Regulations：

■ 研習費用 **29500 元**

費用不包括午餐，課間休息時間提供茶水及小點心。

■ Course fee: NT\$ 29500

The fee does not include lunch. Tea、water and snacks available during breaks.

付款方式有以下方式:

支付方式：採線上刷卡/ATM 轉帳/匯款(需在指定 5 個工作天內完成)

★Payment methods: Online card payment/ATM transfer/bank transfer (must be completed within 5 business days)

◆ 匯款資料如下:

→國內匯款帳號如下:

台新銀行代號:(812)北高雄分行

帳號: 2046-01-0002601-0

戶名:心光塾有限公司

→國外匯款指引：International Payment Instructions

一、受款人資料 (Beneficiary Information)：

| | |
|---------------------|---|
| 受款銀行(A/C with Bank) | Taishin International Bank (SWIFT Code : TSIBTWTP) |
|---------------------|---|

| | |
|-------------------------------|---|
| 受款銀行地址(Bank Address) | No. 360, Bo-ai 2nd Rd, Zuoying District, Kaohsiung City, 813 |
| 分行別(Branch) | North Kaohsiung Branch |
| 受款人姓名(Beneficiary's Name) | Heartfulness Education Ltd. |
| 受款人帳號(Beneficiary's A/C No.)★ | <u>2046-01-0002601-0</u> |
| 受款人電話(Beneficiary's Tel No.) | 07-5581026 |
| 受款人地址(Beneficiary's Address) | 2F., No. 230, Ziyou 2nd Rd., Zuoying Dist., Kaohsiung City 81358, Taiwan (R.O.C.) |

★國外報名學員 (For International Applicants):

請於 5 個工作天內完成匯款，並將匯款單照片（或憑證截圖）及匯款日期，發送至我們的電子信箱：wellbalanced0001@gmail.com。經核對款項後，您的名字將進入「已匯款名單」，即代表完成報名。

Please complete your payment within 5 working days. Once paid, email a photo of your remittance receipt and the payment date to: wellbalanced0001@gmail.com. Upon verification, your name will be updated to the "Paid" list, finalizing your registration.

◎ 國外匯款帳號與匯差說明 (Payment Accounts & Exchange Rate Policy):

匯款幣別 (Accepted Currencies):

我們接受美金 (USD) 或 台幣 (TWD) 匯款。

We accept payments in both USD and TWD.

匯差與金額調整 (Exchange Rate & Balance Adjustment):

因各課程研習費用不同，且受匯率波動影響，我們採「多退少補」原則。若匯入金額與實際課程費用有差額，請於研習期間洽詢櫃檯人員辦理。

Due to currency fluctuations and varying course fees, we operate on a "balance adjustment" policy. Any difference between the transferred amount and the actual tuition fee will be settled (refunded or collected) during the workshop. Please contact our reception desk on-site for assistance.

*報名流程指引:Registration Procedure

◎ 報名四步驟 (Step-by-Step Guide)

Step 1.→提交申請 (Submit Application)

登入系統並填寫報名表，您的名字將進入「審核名單」。

Log in to the registration system and fill out the form. Your name will be placed on the "Pending Review" list.

Step 2.→獲得錄取 (Receive Acceptance)

審核通過後，系統會將您列入「錄取名單」。

Once verified, the system will move your name to the "Accepted" list.

Step 3.→完成匯款 (Secure Your Spot)

請於獲選進入錄取名單後 5 個工作天內完成匯款。

Please complete the bank transfer within 5 working days of being listed as "Accepted."

Step 4.→報名成功 (Registration Confirmed)

經系統確認入帳後，您的名字將進入「匯款完成」名單，即正式完成報名。

Once payment is confirmed by the system, your name will be moved to the "Paid/Confirmed" list, finalizing your registration.

※報名與繳費須知 | Registration & Payment Guidelines

■ 報名錄取順序 (Priority of Enrollment)

本課程依據完成繳費之時間順序錄取，額滿為止。

Enrollment is processed on a first-come, first-paid basis. Spaces are limited and granted based on the time of payment completion.

■ 逾期繳費處理 (Overdue Payments)

若您未於規定期限內 (5 個工作天) 完成繳費，請依照以下步驟處理：

If you fail to complete the payment within the required timeframe (5 working days), please follow these steps:

-確認名額 (Check Status)：登入系統確認您的名字是否仍在名單中。

Log in to the system to check if your name remains on the "Accepted" list.

-盡速補繳 (Immediate Payment)：若仍在名單內，請儘速完成匯款。

If your name is still listed, please complete the transfer immediately.

-重新報名 (Re-registration)：若名字已移出名單，則需重新登入報名，並於名額內完成繳費。

If your name has been removed, you must re-apply and complete the payment while vacancies are still available.

■ 候補與公告 (Waiting List & Announcements)

→報名額滿 (Course Full) : 若名額已滿，系統將依序從候補名單中進行通知。

If the course is full, the system will notify applicants from the waiting list in sequence.

→最新消息 (Latest Updates) : 課程相關異動將公告於「心意識全人學苑」官方網站。

Any updates or further announcements will be posted on the Heartfulness Integrated Health Academy official website.

✉ 聯絡資訊(Contact Us)

若有任何疑問，請透過臉書粉專傳送訊息給我們：

For any inquiries, please message us via our Facebook page:

📍 心意識全人學苑 (Heartfulness Integrated Health Academy)

<https://www.facebook.com/wellbalanced01>

八、住宿資訊 Accommodation Information :

(一) 世奇商旅：高雄市左營區裕誠路450號/電話：07 557 2299，步行500公尺。Shi Chi Hotel : No.450, Yucheng Rd., Zuoying Dist., Kaohsiung City 813, Taiwan (R.O.C.) / +886 7 5572299。550 meters by walking distance.

(二)理歐 111 計時空間：地址：高雄市左營區立信路111號/電話：0982 170 885，步行500公尺。

(三)帕可麗酒店：高雄市鼓山區文信路192號/電話：07 962 8800，步行750公尺。Park Lees Hotel : No.192, Wenxin Rd., Gushan Dist., Kaohsiung City 804, Taiwan (R.O.C.) / +886 7 962 8800, 750 meters by walking distance

(四)巨蛋旅店：高雄市鼓山區文忠路1號/電話：07 586 8388，步行800公尺。Hotel R14: No. 1, Wenzhong Rd., Gushan Dist., Kaohsiung City 804, Taiwan (R.O.C.) /+886 7 586 8388, 800 meters by walking distance

(五) 御宿商旅 明華館：高雄市鼓山區明華路257號/電話：07 522 2658，步行1100公尺。Royal Group Hotel : NO.257, MINGHUA RD, GUSHAN DISTRICT, KAOHSIUNG, TAIWAN(R.O.C.)，1100 meters by walking distance

八、注意事項 matters need attention

(一)主辦單位提供茶水及小點心，請自備環保杯；若遇天災達停課標準，以網站公告及 Line 群組為主，不另行個別通知。

The organizer will provide tea and snacks, please bring your own eco-friendly cups. If a natural disaster reaches the standard of suspending classes, announcements on the website and Line groups will be the main ones without any individual notification.

(二) 退款機制:繳費後申請退費者

退費規定 | Refund Policy

若需取消報名，退費金額將根據提出申請的時間（以研習首日為基準）進行計算：

Refunds for cancellations will be processed according to the following schedule, based on the number of days prior to the course start date:

1. 研習 60 日前提出退費申請者，酌收行政作業費 NT\$2,000 元後退還餘額。

60 days or more prior: Full refund minus a NT\$2,000 administrative fee.

2. 研習前第 59 日至 30 日提出退費申請者，退還當期開班約定繳納費用總額百分之 80。

30 to 59 days prior: 80% refund of the total tuition fee.

3. 研習前第 30 日至第 7 日提出退費申請者，退還當期開班約定繳納費用總額百分之 50。

7 to 29 days prior: 50% refund of the total tuition fee.

4. 研習前第 6 天到前 1 天提出退費申請者，退還當期開班約定繳納費用總額百分之 30。

1 to 6 days prior: 30% refund of the total tuition fee.

5. 實際研習第 1 日（包含第 1 日）後，恕不退費。

On or after the first day of the course: No refunds will be issued.

注意事項：Important Notes

銀行手續費：國際退款所產生之銀行手續費或匯費，需由申請人自行負擔。

Bank Fees: For international refunds, any applicable bank intermediary fees or wire transfer charges will be borne by the applicant.

(三) 研習開始前兩個月，若報名人數未達 6 成，主辦單位保留舉辦與否的權利;如遇特殊因素，以致研習停止舉辦，則全額退費。

If the number of registrants does not reach 60% two months before the start of the course, the organizer reserves the right to cancel the course. In case of special circumstances leading to the cancellation of the course, a full refund will be issued.

(四) 錄取名單中，如遇取消報名者，則由候補名單者中依順序遞補。

In the admission list, if there is a cancellation of registration, the candidates will be admitted in order from the waiting list.

(五) 為避免觸犯 BI 總部著作權之規定，研習進行中請勿拍照及錄影。

To avoid violating the copyright regulations of UI headquarters, please do not take photos or videos during the course.

(六)研習時間、地點如有更改，將另行通知，請務必填寫相關聯絡資訊。

If there are any changes of class time and location, we will notify you respectively.

Please be sure to fill in the relevant contact information.

(七)請著舒適、寬鬆的衣服，便於研習中的操作練習。

Please wear comfortable, loose-fitting clothing to facilitate the practice during the course.

